



What is BRITE?

BRITE is a free safety planning app that has been adapted to parallel the curriculum your teen is learning in STAR IOP. At the end of each STAR IOP day, your teen will get a notification for a new activity that is designed to reinforce the new skills and strategies your teen learned that day at STAR.

All teens in STAR IOP are enrolled in the BRITE app during their first week of STAR IOP.

Please ask your teen's therapist or call our main office at 412-246-5619 if you have any questions!

